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Personalised and self regulated learning in the Web 2.0 era: International exemplars of innovative pedagogy using social software

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Research findings in recent years provide compelling evidence of the importance of encouraging student control over the learning process as a whole. The socially based tools and technologies of the Web 2.0 movement are capable of supporting informal conversation, reflexive dialogue and collaborative content generation, enabling access to a wide raft of ideas and representations. Used appropriately, these tools can shift control to the learner, through promoting learner agency, autonomy and engagement in social networks that straddle multiple real and virtual learning spaces independent of physical, geographic, institutional and organisational boundaries. As argued in this article, however, in order for self-regulated learning to come to fruition, students need not only to be able to choose and personalise what tools and content are available, but also to have access to the necessary scaffolding to support their learning. Emerging practices with social computing technologies, a number of examples of which are showcased in this article, signal the need for pedagogies that are more personal, social and participatory. The authors conclude with a discussion of some of the key implications for practice, including an outline of the current challenges faced by tertiary educators.

Web 2.0 and the trend towards self directed learning environments

The global learning landscape of the twenty-first century is being transformed and shaped by the uptake of digital communication tools and ubiquitous networked applications, along with the changing characteristics, needs and demands of students. The UK-based Committee of Inquiry into the Changing Learner Experience (CLEX, 2009) concludes that

Web 2.0, the Social Web, has had a profound effect on behaviours, particularly those of young people whose medium and metier it is. They inhabit it with ease and it has led them to a strong sense of communities of interest linked in their own web spaces, and to a disposition to share and participate. (p. 9)

This indicates that digital-age students want an active learning experience that is social, participatory and supported by rich media. Current research also points to a growing appreciation of the need to support and encourage learner control over the whole/entire learning process (Dron, 2007). As web based multimedia production and

distribution tools incorporating text (blogs, wikis, *Twitter*), audio (podcasting, *Skype*), photo (*Flickr*) and video (vodcasting, *YouTube*) capabilities continue to grow, tertiary education institutions are faced with ever expanding opportunities to integrate social media and technologies into teaching, learning and assessment. If employed in conjunction with appropriate strategies, learning technologies are capable of supporting and encouraging informal conversation, dialogue, collaborative content generation and the sharing of knowledge, thereby opening up access to a vast array of representations and ideas. Many social software tools afford greater agency to the learner by allowing autonomy and engagement in global communities where ideas are exchanged and knowledge is created as students assume active roles (Lee, McLoughlin & Chan, 2008; Ashton & Newman, 2006).

The learning experiences that are made possible by social software tools are active, process based, anchored in and driven by learners' interests, and therefore have the potential to cultivate self regulated, independent learning. Self regulated learning (Biggs, 1987; Zimmerman & Schunk, 1989; Simons 1992) refers to the ability of a learner to prepare for his/her own learning, take the necessary steps to learn, manage and evaluate the learning and provide self feedback and judgment, while simultaneously maintaining a high level of motivation. A self regulated learner is able to execute learning activities that lead to knowledge creation, comprehension and higher order learning (Stubbé & Theunissen, 2008) by using processes such as monitoring, reflection, testing, questioning and self evaluation. The quest for learning to be 'student centred', self directed and self regulated has long been a pursuit of educators, and recent reports from various countries including the UK (see Owen, Grant, Sayers & Facer, 2006; Bryant, 2007; Minocha, 2009; CLEX, 2009), USA (see New Media Consortium, 2006, 2007, 2008, 2009; Salaway, Caruso & Nelson, 2008) and Australia (see Fitzgerald & Steele, 2008) indicate that the integration of social software into learning design can make a qualitative difference to giving students a sense of ownership and control over their own learning and career planning. However, universities and colleges still tend to rely on conservative, established course management systems (CMSs) and virtual learning environments (VLEs) that do not fully capitalise on the potential of social media that enable participation in global learning networks, collaboration and social networking. Of late, the personal learning environment (PLE) has emerged as a concept associated with the adoption of a raft of Web 2.0 tools that serves to integrate essential learning outcomes such as lifelong learning, informal learning and self directed learning.

The most compelling argument for the PLE is to develop educational technology which can respond to the way people are using technology for learning and which allows them to ... shape their own learning spaces, to form and join communities and to create, consume, remix, and share material" (Attwell, 2006a, "What about educational technology?", para. 8).

In this article, we consider issues pertaining to the design of personalised learning spaces, resources and environments using social software and media, and how they might be used to promote and achieve learner self direction. Of crucial importance to attaining the longstanding goal of student centred learning is the need to acknowledge the importance of including informal modes of learning in the learning experience, to realise that learner needs and preferences cannot be addressed as static constructs during the design and development phases of instructional design, and to provide suitable scaffolds to support the learning outcomes to be attained. Educators need to revisit socially based, conversationally driven designs for self directed learning and be

prepared to accept and face the reality that learners' needs, preferences, perceptions and mental models will contribute significantly to the dynamic process that is learning design. This implies that pedagogic change and greater personalisation of learning are both necessary for student centred, self regulated and independent learning.

Personalisation and personal learning environments

Although many CMSs and VLEs used by institutions as platforms for e-learning delivery permit each student to have a personal view of the courses they are enrolled in, many do not accommodate the social connectivity tools and personal profile spaces that students might choose, and that would assist them to integrate their experiences. Many CMSs and VLEs replicate traditional models of learning and teaching in online environments, conforming to a classroom or lecture hall metaphor, which may have a limiting effect on self directed and self regulated learning as tasks are pre-selected and resources are prescribed rather than negotiated (Hotrum, 2005; Lee, 2005; Sheely, 2006; Lane, 2008). Green, Facer, Rudd, Dillon and Humphreys (2005) summarise four key areas pivotal to enabling personalised learning through digital technologies. According to them, pedagogy must:

- ensure that learners are capable of making informed educational decisions;
- diversify and recognise different forms of skills and knowledge;
- create diverse learning environments; and
- include learner focused forms of feedback and assessment.

Linked to these principles is the concept of the PLE, defined by Siemens (2007b) as "a collection of tools, brought together under the conceptual notion of openness, interoperability and learner control. As such, PLEs are comprised of two elements the tools and the conceptual notions that drive how and why we select individual parts" (para. 2). Downes (2005) describes a learning environment as an approach, not an application, one that protects and celebrates identity, supports multiple levels of socialising, and encourages the development of communities of inquiry. He asserts that PLEs affirm the role of the individual in organising, customising and shaping his/her own learning environment. With PLEs, in contrast to the traditional approach whereby learning content is composed, organised and packaged, it is instead syndicated. From there, it is remixed and repurposed ('mashed up') with the student's own individual application in mind, the finished product being further syndicated to form inputs for other students' consumption and use, which may include further remixing, repurposing and redistribution. Rather than being an agreed upon concept, there are however, two quite different interpretations of PLEs. The first entails the understanding of personalisation as the need to embrace a learner centred but provider-driven approach to education; the second adopts the view of a wholly learner-driven approach that transcends the walls of any classroom, institution or organisation. The idea is for learners to exercise ownership and control over their experiences, rather than be constrained by centralised, instructor controlled learning based on the delivery of pre-packaged materials.

One exemplary approach of a provider-driven PLE can be seen in the work of Aviram, Ronen, Somekh, Winer and Sarid (2008), who describe the design and implementation of *iClass*, an innovative "Self-Regulated Personalised Learning Environment" (SRPLE), as part of a project funded by the European Commission. *iClass* is intended to cater to individual learning needs by adapting education and learning in European societies to

the challenges of the 21st century. The *iClass* system runs an Internet based platform and takes learners through three stages: planning, learning and reflection, with teachers acting as mentors at each stage. Aviram et al. oppose the rigid divides between structured learning and open, non-formal and incidental learning; between formal learning and solving authentic, real-life problems; between institutional (school, college, university) learning and lifelong learning; and between learning and human development generally. They posit that these issues have to be systematically addressed in the framework of revised pedagogical thinking that combines personalised learning with self regulated learning (hence self regulated personalised learning, or SRPL), empowering learners to actively define, create and shape their own learning content, tasks and hence their own learning trajectories. SRPL also includes the provision of adaptable and flexible learner and task scaffolding.

Both PLE models challenge university and college teachers to harness the many resources that exist outside the formal spaces of the institution, to create opportunities for authentic learning that is personally meaningful and relevant to learners, and to capitalise on the interests and digital competencies that learners already possess. PLEs stand in stark contrast to institutionally controlled, content-centric CMSs and VLEs as they provide learners with contextually-appropriate toolsets by enabling them to adjust, select, integrate and use various software, services and options based on their needs and circumstances. The result is, ideally, a model where learner needs, not technologies, drive the learning process (Attwell, 2006b, 2007). Nevertheless, both PLE models allow learners to make decisions about how to choose tools and configure the learning environment to best suit their learning goals and needs for networking, knowledge construction, social interaction and collaboration. In addition, both challenge traditional pedagogies where the teacher is the celebrated expert, dispensing knowledge and prescribing learning resources and activities.

Rethinking pedagogy and the role of content

Educators and institutions are increasingly beginning to recognise that the philosophy and ethos prevalent in the Web 2.0 world in which we live are highly incongruent with the control culture of education, where teacher-designed content and syllabi dominate. Today's world is characterised by social mobility and diversification of life trajectories, where individuals are expected to have multiple career paths and engage in reskilling at various stages throughout their lifespan. All of this signals a need to reconsider our notions of pedagogy so that learners are envisaged as active participants and coproducers of learning resources rather than passive consumers of content, and learning processes are participatory and social, supportive of personal life goals and needs (Brown & Adler, 2008). There is a clear imperative for educators and students to move towards a social and participatory pedagogy rather than one based on the acquisition of pre-packaged facts. Siemens (2007a) is also critical of how institutions of higher learning operate and states that they "need to change because of the increasing complexity of society and globalization. Schools and universities play a dual role: accommodating learner's [sic] method and mode of learning and transforming learners and preparing them to function in the world that is unfolding" (para. 6, emphasis in original).

A further driver of change are the students themselves: their preferences, needs, social habits and technology choices. Along with the uptake of mobile devices and the rise of social media, tertiary student profiles indicate that a large proportion of students now

juggle work and study, expect constant Internet connectivity and web based services, and view social networking tools as being central to their lives (Windham, 2005). Conole and Creanor (2007) report that students "have high expectations of how they should learn, selecting the technologies and learning environments that best meet their needs with a sophisticated understanding of how to manipulate these to their advantage" (p. 11). As Web 2.0 is participatory and collaborative, enabling connection globally with multiple social spheres, there is an increasing gap between the formalised interactions that occur in educational establishments and the modes of learning, socialisation and communication that youth experience and engage in. In particular, in the dominant tertiary education paradigm, students are presented with resources that have been created by teachers, instructional designers or developers, and are expected to demonstrate that they have absorbed the content therein through assessment tasks that rely on recall of information rather than on application, initiative or creative endeavour (Sener, 2007).

A number of authors (Hirshon, 2005; Boettcher, 2006) agree that there is a need to reevaluate the role of content in courses, and have advocated, for example, a greater focus on process (as opposed to product) and personal skill development. As the value of the traditional textbook is being questioned (Fink, 2005), the open educational resources (OER) movement is rapidly gaining momentum worldwide (Couros, 2006; Breck, 2007; Blackall, 2007; Brown & Adler, 2008; Schaffert & Geser, 2008; Keats, 2009) and e-learning content is becoming 'Napsterised' through peer-to-peer (P2P) file and media sharing services (Clark, 2003), we are witnessing a growth in emphasis on content that is produced by the learners themselves.

Sener (2007) contends that although student generated content has been a part of the education system for many decades, its role has been highly marginalised and its forms restricted to highly academic artefacts used exclusively for assessment purposes, such as essays and reports. In order to increase engagement, to promote self directed and self regulated learning as well as collaboration and knowledge sharing, and to encourage the development of products of value beyond the assessment or grading process, there is a need to expand our vision of educational content so that greater value is placed on student created products as a primary content source, In this way, students become active as both producers and consumers, or 'prosumers', of knowledge, ideas and artefacts.

In joining community of learning and practice that includes their classmates, teachers, past and future student cohorts, as well as others such as professionals and experts who may be external to the formal education environment, students not only must engage in "legitimate peripheral participation" (Lave & Wenger, 1991) to develop their own mastery of knowledge and skills, but also have a responsibility to play a part in the continued advancement of the community's existing body of knowledge, as they move toward full participation in the socio-cultural practices of this community (Lee, Eustace, Hay & Fellows, 2005). In such a knowledge-building community, members are managers, or 'curators' of the community's knowledge artefacts (Eustace & Hay, 2000; Lee et al., 2005), intent on making responsible decisions in addition to generating novel and innovative contributions to benefit the community as a whole.

Designing personalised and self regulated learning tasks and environments: The need for scaffolding and some global examples

In attempting to achieve learner self-regulation, the sole use of open ended or discovery learning environments in the absence of appropriate instructional support and task scaffolding has been criticised by a number of educational researchers (see, for example, Mayer, 2004). Moreover, though web based learning environments lend themselves to self regulated learning approaches (eg. inquiry based learning, problem based learning), new tasks and concepts impose numerous demands on learners (Narciss, Proske & Koerndle, 2007). As a counterbalance, personalised, learner centred design offers a dynamic perspective that incorporates pedagogical scaffolds to support novice learners to learn and apply previously unknown thinking strategies, skills and practices (Aleven, Stahl, Schworm, Fischer & Wallace, 2003). Scaffolding need not be teacher directed, and current social software tools can be used in ways that address learner centred concerns for self managed learning and control (for example, e-portfolios). The challenge for educators, therefore, is to enable self direction, knowledge building and autonomy by providing options and choice while still supplying the necessary structure and scaffolding.

Internationally, there are a growing number of designs for tasks and learning environments that seek to achieve balance between self regulated and personalised learning and scaffolding support, while integrating Web 2.0 tools as well as the production, sharing and use of student-generated content. Table 1 below provides a number of examples, drawn from the exemplary practices of teachers at tertiary institutions across the globe.

Discussion and implications for practice

While the international examples in Table 1 provide good working models of self regulated and personalised learning, educators need to be equipped with principles and guidelines that can be applied in diverse contexts. How can the 'ideal' balance between scaffolded and learner-directed learning activities and tasks be achieved? What role should technologies, including but not limited to the ever-expanding and evolving raft of Web 2.0 and social computing tools, play in this process?

Jonassen (1994) maintains that the real challenge facing educational technologists is to consider instructional goals in a particular context, then to adjust the strategies, models and tactics as necessary to attune the nature of the task to the perspective of the student. Driver, Asoko, Leach, Mortimer and Scott (1994) are in concurrence with this view, adding that teachers have two roles: Firstly, a *supportive* role in introducing new ideas or cultural tools and supporting students in making sense of these for themselves, and secondly, a *diagnostic* role in continually examining students' interpretations of activities in order to help determine an appropriate direction for subsequent steps. Thus a major role of the teacher is arguably to facilitate this dynamic learning process, assisting learners in drawing their own links between their learning and the 'real world'; other roles may be that of 'consultant', 'guide' and 'resource provider' (Markel, 1999).

 $\label{thm:condition} Table~1:~Global~examples~of~how~tertiary~teachers~enable~self~regulated~and~personalised~learning~using~social~software~tools,~while~offering~the~necessary~scaffolding/support~tools~and~teachers~$

Institution and location	Reference	Context	Self regulated learning and scaffolding/ support	Personalisation
Fashion	Harris (2007a, 2007b)	Students studying an art history class visit the Metropolitan Museum of Art in New York City, where they take photos of exhibits using mobile phones, upload them to Flickr, and use the site's tools to tag, annotate and write descriptions and comments about the photos.	Students engage in learning tasks with a high degree of autonomy and freedom, as they mix and match content and create games and challenges for one another. Task scaffolding is provided by the instructor by using technology to enable expression of multiple perspectives and by mediating peer interaction.	Personalisation and customisation of tasks ensures that students remain motivated, i.e. they have a personal voice in making commentaries and in choosing descriptors to tag the photos. Peer to peer content sharing adds a collaborative dimension while still allowing individual reflection and achievement.
Victoria University of Wellington New Zealand	Elgort, Smith & Toland (2008)	A mixture of on campus and distance education students enrolled in a Master of Library and Information Studies (MLIS) program work in groups to collaboratively produce web based information resource guides using a wiki.	The groups work autonomously to produce three deliverables based on instructor supplied guidelines: the resource guide (a web site providing links to / evaluations of information resources); presentation of the completed guide to the class; and an online journal in which students document their work processes and reflect on their personal contributions.	Each group of students chooses a topic that is personally meaningful, relevant and/or interesting to its members. The students also have flexibility in terms of their ability to personalise the content and the way it is presented using a range of digital media types.
Bentley College (now Bentley University) USA	Fryden- berg (2006)	Students studying an information technology (IT) fundamentals course purchase Pocket PCs instead of textbooks, which they use to explore IT concepts in a hands on, learner centred approach. They form pairs or groups and work together to plan and produce vodcasts (video podcasts). Each pair/group produces a vodcast based around a topic in the course schedule, for sharing with the rest of the class (via a	Each pair group has to work largely independently, with each member managing and regulating his/her own learning while also contributing to the overall management/coordination and direction of the group. The instructor makes available a number of sample 'exemplary'	In addition to being able to select topics of personal interest and/or significance for presentation to their peers, the students can consume the content at times and places of their choosing, using a range of devices (including mobile/portable devices) that incorporate vodcast playback capabilities.

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Queens-	English &	Pre-service teacher	Self directed learning is	Personal choices are
land	Duncan-	education students	encouraged by enabling	
University	Howell	use the social	students to create, share	
of Technol-	(2008)	networking tool	and comment on	of and reflection on
ogy,		Facebook during their	others' contributions,	individual learning
Australia		teaching practicum	and by allowing them	journeys.
		placements to	to choose from multiple	
		facilitate mutual	forms of support.	
		support, encourag-	Scaffolding is provided	
		ement and the sharing	by peers as they guide	
		of stories/anecdotes.	and assist one another,	
			sharing digital artefacts	
			and exchanging	
			constructive feedback.	
Charles	Peacock,	Students undertaking	Through distributed,	The POD activities are
Sturt	Fellows &	an online course on	collaborative learning	not graded directly;
University,	Eustace	computer-supported	processes supported by	instead, students incor-
Australia	(2007); Lee,	collaborative work	social software tools,	porate evidence of com-
	Eustace,	(CSCW) learn with	students engage in both	pleting the activities,
	Hay &	and about collab-	'top down' (teacher dir-	together with reflective
	Fellows	orative groupware	ected) and 'bottom up'	comments on their indi-
	(2005)	tools and information	(learner directed) activ-	vidual experiences, into
		environments, incl-	ities that enable high	their personal e-port-
		uding a range of Web	levels of freedom and	folios, assessed at the
		1.0 and 2.0 technol-	empowerment. The	end of the course along
		ogies. The students	instructors assist with	with other multimedia
		form groups of three	the setup of the technol-	learning produced or
		or four students	ogy and develop guide-	captured during the
		called 'PODs' (Pools	lines for the fortnightly	semester. Each fort-
		of Online Dialogue),	group tasks, including	night, students are
		and each group is	stimulus questions to	required to contribute
		given a fortnight to	promote reflection and	500 words to the class
		complete each of four	discussion. Instructors	wiki; these words can
		collaborative	participate in PODs as	be 'spent' creating a
		activities/ exercises.	guests only when	new article, adding to
			invited to do so.	an existing article, or
				pooled with other
				people to generate a
				larger article.
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Educational/instructional technologies, then, may best be used to furnish support and assist in scaffolding learning and reflection within the authentic or real world contexts in which knowledge construction naturally occurs, as well as serving as means by which learners can capture evidence of their authentic performances *in situ* within these contexts, for assessment, evaluation and feedback purposes (see also Hai-Jew, 2008). A number of researchers have already begun to propose various tools, techniques and approaches to support the active involvement of both teachers and students in the design of learning tasks and environments (see, for example, Ronteltap, Goodyear & Bartoluzzi, 2004; Goodyear, de Laat & Lally, 2006; McAndrew, Goodyear & Dalziel, 2006); new instructional and learning design practices are emerging that are based on the idea of student ownership of tasks, and that emphasise the importance of allowing flexibility, encouraging self direction and choice as well as promoting creativity in the performance of tasks.

Moving towards the personalisation of learning environments also entails aiding learners in developing the fundamental skills that enable them to manage their own learning. The 2009 *Horizon report* (New Media Consortium, 2009) stresses that a critical challenge is to design learning experiences that scaffold the development of key competencies, including visual, technological and information literacy and the 'soft' skills of communication and teamwork. In the digital age, the range of scaffolds is varied and complex, and the learner must play an active role in negotiating the type of contextual, social and task support needed. The meaning of scaffolding is no longer confined to its original association of expertise provided by a knowledgeable other (Wood, Bruner & Ross, 1976), but has expanded to include learner selected assistance, peer interactions, or could be embedded in technology.

The above having been said, despite the abundance of good practice examples there continue to be significant gaps in teachers' espoused and enacted learner-centred pedagogies. In the Web 2.0 era, the need to close these gaps to achieve truly student centred learning is paramount, as learners, more so than ever before, desire and demand high degrees of autonomy, connectivity and socio-experiential learning (McLoughlin & Lee, 2008). Fortunately, Web 2.0 also equips educators with a rich repertoire of services and applications to address this challenge by enabling learner choice and allowing creative decisions about how to best to set learning goals and create learning environments that support those goals. The essential difference in the role of the institution is a move from delivery of content to a focus on designing experiences to facilitate personal learning, capability building and skills development, combined with a renewed emphasis on curriculum design that values the student's voice and needs in shaping decision making.

Conclusion

In this article, we have argued for personalised learning spaces, resources and environments to be developed, supported and created through systematic design as well as by inclusion of both instructor and learner perspectives, as well as for the integration of Web 2.0 tools and strategies. As online or Internet based learning is now the mode of learning for many students globally, there is an often an expectation that students commence university study with reasonably high levels of digital skills to enable them to negotiate, interact and access resources independently (Lorenzo & Dziuban, 2006; Katz & Macklin, 2007). Also, as noted in many recent reports, the dispositions developed through engagement with Web 2.0 and social software technologies – i.e. communication skills, participation, networking, sharing – overlap with what are viewed as essential 21st-century learning and employability skills (Punie, Cabrera, Bogdanowicz, Zinnbauer & Navajas, 2006; Jenkins, 2007; CLEX, 2009).

Nonetheless we have made a case for stronger and more explicit scaffolding of essential skills and digital literacies as students may not have advanced knowledge of how to use the technology for academic purposes, and may not see the relevance of social media for learning. In fact, their day to day use of ICTs may have cultivated in them impatience and a desire for instant answers (Center for Generational Studies, 2007; Tynan, Lee & Barnes, 2008), as well as leading them to take a casual approach to critical evaluation, plagiarism and information ownership (CLEX, 2009). For higher education institutions in many countries, the development of digital literacies and independent learning is now high on the agenda. Universities and colleges are being advised to implement both the infrastructure and the curriculum changes to maximise

the potential of the new tools to support learning by capitalising on the competencies and skills students bring into the classroom, while at the same time helping them obtain the attributes and capabilities to prepare them for work and life in the digital economy and networked society (see Brown & Adler, 2008; Kennedy et al. 2009).

The challenges for educators are complex and multifaceted, and include the provision of personalised learning experiences using suitable technologies that cultivate independent learning skills, while also scaffolding learner reflection and the development of generic competencies. The pedagogical change that is required involves not only the espousal of appropriate teaching approaches, but also awareness of the learner experience, and the importance of valuing learners' pre-existing skills and capitalising on them, while exploring and integrating social media in ways that pave the way for participation, community connections, social interaction and global networking. At the same time, teachers who adopt social software tools should not do so merely to appear conversant with the tools, but to ensure integration of the tools with sound pedagogical strategies so as to facilitate authentic exchange and dialogue with and amongst students. They must be wary of potential privacy issues involved in the use of Web 2.0 tools for teaching, learning and assessment, not to mention the fact that they may feel unwelcome in their students' online social networks and communities. Although there may be attempts by teachers to co-opt the technologies students use for communication and entertainment, such attempts may be perceived by students as intrusions into "their space" (Mazer, Murphy & Simonds, 2007).

All in all, addressing the need to rethink and reposition pedagogy for the new learning landscape of the 21st century calls for the active involvement of students in defining their learning goals and choosing both ICT tools and strategies for learning; it also requires recognition that user and learner generated content has a central place in a curriculum that fosters self regulated learning. There is a fine balance to be achieved in attempting to promote learner control, knowledge creation, agency and autonomy by offering flexible options and choice, whilst offering guidance and structure when needed and adding value to the learning process through personalised, customised and adaptive approaches.

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